



COMMUNITY GUIDE

July 10, 2022

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WEEKLY APPLICATION

TAKEAWAY: A healthy Church is comprised of healthy relationships.

HEAD CHANGE: Healthy relationships begin with me, not the person across from me.

HEART CHANGE: Trust God to show you how you can create healthy habits in your life and relationships.

LIFE CHANGE: Implement the 7 Habits of a Healthy family into your life, home, dorm, & relationships.

OVERVIEW

Relationships are not always easy, but pursuing healthy ones are always worth it. In fact, the way we relate with one another is intended to be a distinguishing characteristic of Jesus followers. In this two-week series, we are discussing the “7 Habits of a Highly Healthy Ethos Family” where we identify 7 relationally healthy habits that are practical yet profound. What would it look like if we fully leaned into implementing these Christ-honoring habits in our homes, dorms, and offices? We believe it would be so attractive to the world around us that those who do not know Christ would grow more curious about Him.

“Let us think of ways to motivate one another to acts of love and good works. And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near.”

-Hebrews 10:24-25 (NLT)-

DISCUSSION QUESTIONS

1. What stood out to you in this teaching and why?
2. Can you describe a time when someone didn't trust you unsuspectingly? How did that make you feel?
3. Take some time to reflect and identify who is carrying a heavy burden and how can you help them?
4. What can you celebrate in your life today? Who can you celebrate that often gets overlooked?

CLOSE IN PRAYER

Heavenly Father, thank you for helping me identify how I can be a part of building healthy relationships. I ask that you bring to my attention when I am contributing to unhealthy relationships and how I can make an impact that honors you and builds your kingdom. I know your kingdom is built relationally and I desire to be a part of the “construction process”. In Jesus' name, amen.

IN THIS TOGETHER!