




COMMUNITY GUIDE

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WEEKLY APPLICATION

TAKEAWAY: To understand the true gift of God's breath in us, and how to use it well.

HEAD CHANGE: To make a daily choice to steward the breath of God well.

HEART CHANGE: To fix our hearts on daily making our words acceptable to Christ.

LIFE CHANGE: To understand the true weight of what our words carry and to use them for God's glory.

OVERVIEW

The breath that is in your lungs, gives you the ability to live, to speak, and to enjoy your daily life. But the breath that is in you, since it is a gift from God, is meant for so much more. We are called to use the breath that God gave us, for His good and His glory. That means speaking life, speaking love, speaking encouragement, and letting our voices be used to draw people into Christ. What we say in our world today carries so much weight and impact, and if we are housing God's breath in our very bodies it is our responsibility, our job even, to speak words of life into the world. It is because of His very breath that He put into us that we can even speak, so may our words be worship, praise, love, and life.

"Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear."
-Ephesians 4:29 (ESV)-

DISCUSSION QUESTIONS

1. How have you seen someone else's words negatively influence you? How have you allowed your words to negatively influence others?
2. We were challenged by the question, "Am I truly stewarding well the breath of God in me?" What can you do this week to better steward the breath of God in you well?
3. Thinking about Psalm 19:14, and making the confession daily to let our speech be acceptable in God's sight; how will that confession shift your daily life?

CLOSE IN PRAYER

Father, thank you for the gift of yourself, your very breath, that you gave us. We pray that our hearts and minds are daily reminded of the importance of stewarding well your gift in us. Let the words that come out of our mouths be pleasing to you and life giving to those around me. Amen.

IN THIS TOGETHER!