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WEEKLY APPLICATION

TAKEAWAY: Meekness is strength and influence under God's control.

HEAD CHANGE: A meek person is not moved by the promise of reward nor the threat of punishment.

HEART CHANGE: To align my heart with the heart of God. **LIFE CHANGE:** What strength and/or influence do I have in this season or situation? How can I use it for God's glory?

OVERVIEW

"Blessed are the meek, for they will inherit the earth" (Matthew 5:5 NIV). In this beatitude, Jesus presents us with a paradox, that we are most powerful when we are meek. This idea is challenging because we tend to think of meekness as weakness. But meekness is not the absence of strength; it is strength under control. It is not laziness or cowardice; it is surrender to God. There is no one on earth stronger or more powerful than someone who is surrendered to the power of the Holy Spirit. When we walk in meekness, we live with an uncommon security, a higher perspective, and supernatural power. We do not have anything to prove. The pettiness and drama of the world does not get under our skin. We do not get offended. We live with the peace and strength of someone whose life is controlled by God Almighty. Never forget: more meekness, more power.

"We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith. Because of the joy awaiting him, he endured the cross, disregarding its shame. Now he is seated in the place of honor beside God's throne. Think of all the hostility he endured from sinful people; then you won't become weary and give up."

-Hebrews 12:3-4 (NLT)-

DISCUSSION QUESTIONS

- 1. What do you first think about when you hear the word, "meek"? How did this message challenge your understanding of meekness?
- 2. What are your biggest challenges to living a meek life?
- 3. Be specific, what would your life look like if you grew in meekness? Who and what would be impacted?
- 4. What strength and/or influence do I have in this season or situation? How can I use it for God's glory?

CLOSE IN PRAYER

Father, thank you for giving us power in meekness. We surrender our lives to you again today. Help us resist pride and the temptation to make ourselves powerful. We trust that you will provide everything we need. Give us tender hearts and thick skin so we can live in a way that brings you glory. In Jesus' Name, Amen.