

We use our imaginations for so many things. None more obvious than what we think about. Here's some really good news; God created you with an imagination and loves when you use it to think about Him. In fact, when you see the 'mind' referenced in the New Testament it is often referring to your imagination. So, imagine this for a moment ... Jesus gently places His hands on your face (the way you would with a child – because that's what we are, His children), and He says the following about Himself and about you:

I AM WHO I AM. Exodus 3:14

I am the beginning and the end. I am the first, and I am the last. Revelation 22:13

I am light; in me there is no darkness at all. 1 John 1:5

My hand laid the foundation of the earth, and my right hand spread out the heavens; when I call to them, they stand forth together. Isaiah 48:13

Before I formed you in the womb I knew you. Jeremiah 1:5

I chose you and appointed you that you should go and bear fruit and that your fruit should abide, so that whatever you ask the Father in my name, he may give it to you. John 15:16

I am he who blots out your transgressions. I will not remember your sins. Isaiah 43:25

To all who receive Me, who believe in My name, I give the right to become children of God. John 1:12

Do you not know that you are God's temple and that God's Spirit dwells in you? 1 Corinthians 3:16

My Spirit is within you. Ezekiel 36:27

I will not leave you. Deuteronomy 31:8

I will equip you for every good work I've planned. Hebrews 13:21

I gave you a spirit, not of fear, but of power and love and self-control. 2 Timothy 1:7

I will build my church through you, and the gates of hell will not overcome it. Matthew 16:18

I will comfort you as you wait. Isaiah 66:13

I will remind you this is all real. John 14:26

I am on my way. Revelation 3:11

My steadfast love endures forever. Psalm 138:8

In just a little while ... I am coming and I will take you to the place where I am. Hebrews 10:37; John 14:3

You will inherit the earth. Psalm 25:13

You are not the same person you used to be before you met me. You are a new creation. 2 Corinthians 5:17

You are forgiven, healed and whole. You are no longer bound to shame. I love to love you. Isaiah 53:5; Ephesians 1:7

You will be with Me. I will wipe every tear from your eyes, and death will be no more. Behold, I am making all things new. Revelation 21:3-5

My kingdom has come and is coming more fully. My will is being done and will be done completely on earth as it is in heaven. Matthew 6:10

God has declared these truths about Himself and about you. All these things are true for you and for anyone who loves and follows Jesus. This is who we are because of whose we are. We make our choices based on these truths. And our God doesn't change and always delivers on His promises.

Changing your life begins by changing what you think. Your thoughts lead to an emotion, your emotions strongarm your behavior, and our behavior determines the health of our relationships. It all begins with a thought. You CAN defeat the lies that keep you from experiencing all of God's best for your life. Remember, it begins by identifying the lie and then declaring God's truth. Use these resources to help.

Lie: (Insert the lie you are believing)

Truth: (Insert God's truth)

Scripture: (Write the verse)

I choose to _____

Example:

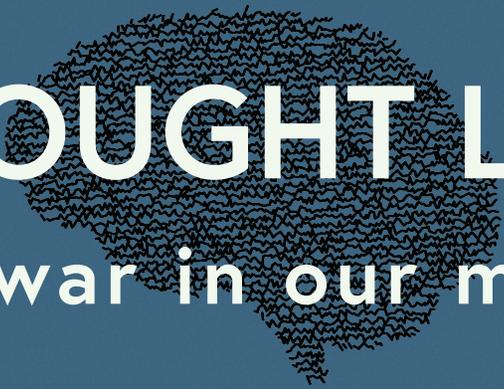
Lie: I can solve my own problems

Truth: God made me to live known and loved.

1 John 1:7 (ESV) But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin.

I CHOOSE TO BE KNOWN.

GRAB THE THOUGHT What is it?	DIAGNOSE THE THOUGHT Is it true?
TAKE IT TO GOD What does God say about it?	MAKE A CHOICE Am I going to believe God?



THOUGHT LIFE

The war in our minds

ETHOS