



# COMMUNITY GUIDE

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## WEEKLY APPLICATION

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**TAKEAWAY:** God's limits on our lives offer many gifts when embraced with humility

**HEAD CHANGE:** Not everything that can be done should be done.

**HEART CHANGE:** To experience the life of Jesus we must adopt the lifestyle of Jesus

**LIFE CHANGE:** Maturity is when someone is living in their God given limits.

## OVERVIEW

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Without a theological and practical understanding of limits, we compromise our ability to love God, ourselves, and others over the long haul of our lives. Understanding the limits that are on our lives is a good thing and a deeply spiritual issue as well. It is true that some people need to become more aware of being lazy but for most people, we spend much of our time doing things beyond our limitations. God's limitations on our lives are a gift that protect us, keep us grounded and humble, and break our self-will. They are God's means of giving us direction, wisdom, and encounters with Himself

"John replied, "No one can receive anything unless God gives it from heaven."

-John 3:27 NLT-

## DISCUSSION QUESTIONS

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1. What stood out most from this teaching?
2. What limits do I need to receive and submit to joyfully as God's invitation to trust him
3. We each have a unique set of personal limits we must receive in areas of life such as personality and temperament; current season of life; marriage or singleness; emotional, physical, and intellectual capacities; family of origin; time. In which area of life are you most aware of your need to receive a limit right now? Briefly share why.
4. All of us have areas of denial or resistance, especially in connection with the limits of our immaturity. What areas of your life do you often deny in fear that others will perceive you as weak or immature? How does the recognition of these limits help you become more aware of the things God calls you to?

## CLOSE IN PRAYER

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Heavenly Father, thank you for not expecting more of me than what you have gifted me to do. Give me wisdom to see and to know the limitations on my life so that I may live emotionally healthy within the boundaries that you intended for me to live. Increase my understanding of my identity, calling, and limitations so that I may release the unhealthy burdens I have placed on my life as a result of living outside of who you created me to be. In Jesus' name, amen.

**IN THIS TOGETHER!**