



COMMUNITY GUIDE

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WEEKLY APPLICATION

TAKEAWAY: Control should not control us.

HEAD CHANGE: Surrendering behavior stems from humility and trust in God.

HEART CHANGE: God wants us to surrender to Him so He can bless us.

LIFE CHANGE: Worries do not matter. They are in much better hands with God rather than our own.

OVERVIEW

The Limit of Control, the Gift of Surrender

When we surrender our desire to control, we find solace in releasing our worries and fears, and trusting in the Holy Spirit to guide our path. Surrendering control is an act of humility that acknowledges that there are aspects of our lives that are beyond our control. That does not mean or show we are weak, rather that we are strong and confident in God taking control for us. When we surrender control, we open the door to peace and discover a deeper connection to God, our source, knowing that we are held and supported by a love that is deeper than we will ever understand.

“Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take. Don’t be impressed with your own wisdom. Instead, fear the Lord and turn away from evil.”

-Proverbs 3:5-7 (NLT)-

DISCUSSION QUESTIONS

1. What stood out to you in this teaching? Why do you think that resonated?
2. Take a moment and identify things that you may have tried to control but ended up controlling you. How can you begin to give those things over to God?
3. Do you have areas in your life that you need to begin to use Radical Acceptance? Share with your group what those areas are. Pray that God begins to help you tap into Radical Acceptance.
4. As you go into this week, what can you begin to start surrendering to God?

CLOSE IN PRAYER

Father, we cannot do any of this without You. Open my eyes to see where and how I can begin to be let go of control and begin to surrender to you. No longer can I carry the weight of things that I cannot control. Help me to put my trust fully in you and lean on you to guide my path. In Jesus’ name, Amen.

IN THIS TOGETHER!